

Entering a House of Prayer

Reflection (based on the Sacred Space website)

2020-11-13 Devotion

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Last time I wrote about a way of 'entering' a 'house of prayer' that I have found helpful. Today, I want to think more about the first step, acknowledging the presence of God.



Here's a prayer to get us started: "Lord, help me to be fully alive to your Holy presence."

As we draw near to Him, deliberately, we are more aware of Him. It does take some practise; we need to learn to be intentional about noticing God at work in our everyday life. Carl Jung said, "Invited or not, God is present." He is here with you now. "Become aware of Him." (Does anyone remember that song by that title?)

Practise the presence of God, by noticing little things. How does your lunch taste? Pretty good? God has provided, and God created those taste buds for your enjoyment!

How does the sky look today? Grey and rainy? Bright and clear? You have eyes to notice the differences from day to day, or from hour to hour.

Jesus says, "I am with you always." And to this we respond, "Therefore, we will not fear."

Jesus is with me all through the fears and disappointments of COVID. Jesus is with us to give us strength to face whatever comes.

Thank You, Jesus, for being with me, always present.