## Psalm 91

Bible study for November 18.20

By Major Deborah Coles

(Questions and ideas from The Serendipity Bible.)

MOST IMPORTANT: Read Psalm 91 twice, perhaps once from your usual Bible, and then from another translation.

OPEN: How do you feel when someone gives you a hug?

What kind of 'hugger' are you? Bear hug? Three light pats on the back? Non-hugger?

(Comment: this is a tricky question during COVID! Most of us, even NON-huggers, are ready for a hug at this point!)

DIG: What does the word 'shelter' bring to mind? What person or place is shelter for you?

What 4 names for God does the psalmist use? (see verses 1 and 2)

What kinds of disasters are discussed? (see verses 3-8)

Which image of God do you prefer: Mother hen? Shield? Fortress? Immune system? Force field?

Is God's protection available to everyone? (see verses 9 and 10)

## **REFLECT:**

- What does it mean to make God your refuge?
- Think of a time when you were miraculously protected.

I remember driving around a corner in Simcoe, but I was so interested in a big, gnarled old tree that I went through a red light! I almost caused an accident. (the bump on the tree reminded me of a teddy bear, so I found it distracting!) When things like this happen, I'm sure that my guardian angel is sweating a little, but happy to have done his job!

What is your favourite part of this psalm?

Share your answers with me. I would love to hear from you!

Deborah.Coles@salvationarmy.ca